

ART & PSYCHOLOGY

Albertus Magnus College
School of Evening and Graduate Programs

Art Therapy is...

Art Therapy is a human services profession that blends the disciplines of art and psychology. Facilitated by the art therapist, clients use art materials and engage in the creative process. This process allows clients to explore their inner feelings, reconcile emotional conflicts, foster self-awareness, reduce anxiety, enhance self-esteem and develop new coping skills. Communication through art as a therapeutic process also fosters exploration of the multiple levels of connection between one's self and others.

The MAAT Program has been approved by the Educational Program Approval Board (EPAB) of the American Art Therapy Association (AATA). The Program's 60 credit requirement to graduate meets or exceeds standards for education set by AATA and CACREP (Council for Accreditation of Counseling and Related Educational Programs). The MAAT Program's course of study provides graduates with the necessary qualifications to obtain licensure as a Professional Counselor in the State of Connecticut (LPC).

Be The Blend...



MASTER OF ARTS IN ART THERAPY



Be The Blend...

ALBERTUS MAGNUS COLLEGE
A Catholic College in the Dominican Tradition
NEW HAVEN, CONNECTICUT ALBERTUS.EDU

Program Mission Statement

The Master of Arts in Art Therapy (MAAT) Program at Albertus Magnus College is committed to providing a high quality educational experience.

We promote professional growth within a cohesive and passionate community of students who are able to be sensitive to an ethical, reflective and socially aware practice of art therapy.

The hallmark of our graduate program is the intensive, rigorous and rewarding student-centered preparation that fosters:

- * REFLECTIVE THINKING
- * RESPECT FOR DIVERSITY OF THE HUMAN EXPERIENCE
- * RECOGNITION OF THE VALUE OF CREATIVE EXPLORATION BLENDED WITH SOUND PSYCHOLOGICAL THEORY AND SCIENTIFIC RESEARCH
- * RESILIENCY THROUGH COMPASSION



CURRICULUM

All students follow an individualized plan of study to complete their 60 credits and research thesis. Students engage in both experiential and didactic learning formats such as:

- * ART THERAPY FOUNDATIONAL COURSES
- * PSYCHOLOGY AND COUNSELING THEORY & APPLICATIONS
- * PRACTICUM FIELDWORK/INTERNSHIP ON-SITE PLACEMENTS WITH SUPERVISION SEMINARS
- * ART THERAPY ELECTIVES & SPECIAL TOPICS COURSES
- * THESIS SEMINAR
- * COMMUNITY OUTREACH & VOLUNTEER PROJECTS
- * ART SHOW OPPORTUNITIES

FACULTY

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Small Classes
Vibrant Community
Advisement
Growth
Creativity

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